

STUDENT DEVELOPMENT

Weekly Newsletter

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WELCOME!

It is hard to believe that summer has come to an end, and classes have begun!

We hope that you are excited for the beginning of your successful Fall semester at MassBay! Trying to come up with a plan to help you balance your many responsibilities can be a key to your success. Please know we are here to help you in any way we can.

Our best students utilize campus resources and make connections with faculty, staff and other students.

As you arrive on campus, we want to share a few *Dean's Tips* that will hopefully make your first weeks at MassBay more impactful.

Tip 1: Engage!

Be open to meeting new people and getting to know your professors, staff and your fellow students. As you may know, we have many resources to help you-- just let us know what you are looking for and we can help you make that connection.

Tip 2: Get Involved!

There are over 30 different clubs, organizations and athletic teams on-campus. Take the time your first semester to explore all the ways MassBay can support your success.

Tip 3: Take Care of Yourself!

We recognize that any life transition, even the most exciting ones, can also be stressful. We hope that you will be mindful of taking care of yourself, including your basic needs such as sleep, eating well, exercising, and having down time with friends and family.



Our hope is that this new beginning will be one that is successful. Each of us has a different definition of what success means. What is it that you hope to succeed in this fall? We want to support you in this journey and hope that you will use the campus resources that are available to you. If we can be of support to you in any way, please feel free to stop by or send us an email.

We are excited to be on this journey with you.

Sincerely,

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YOUR First 8 Weeks

Welcome to or Welcome Back to MassBay!

We know that starting classes can be overwhelming. Your attention is pulled in a lot of directions; most of you are working, going to school, and have family responsibilities. Getting back into school can be a challenging transition- whether it's been 3 weeks, 3 months, or 3 years since your last class.

To help you stay focused and get connected, we've put together a guide to help you focus on what is important throughout the first half of the semester to set you up for success now and into the future. See below to find a guide to your first week!

Week 1: My MassBay

Your first week is all about getting comfortable here at MassBay. Check out the Welcome Tables in the Wellesley Cafeteria and Framingham Enrollment Center to grab a cup of coffee, get a student planner, and learn about MassBay Resources and upcoming events!

THIS WEEK YOU SHOULD FOCUS ON:

Finalize your schedule!

You have the first few days of class to make sure you are enrolled in the classes you want, you can add or drop courses to better fit your schedule and learning style. Make sure you talk to an advisor in the Add/Drop Center and check your financial aid award letter before making changes to your schedule.

Get Organized!

Start keeping a schedule and planner now. Whether it's a paper calendar or you prefer apps, make sure you have a system to keep track of your classes, activities, work schedule and major due dates. Trust us- the sooner you start developing a system that works for you, the better!

Take a Deep Breath

We know it's overwhelming, and you aren't the only one feeling that way! Take a chance and introduce yourself to your classmates, check out programs and activities that are available to you and start to think about what resources you could use to be successful

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on Social Media to see what's happening around campus:

- Facebook: [@MassBayCommunityCollege](https://www.facebook.com/MassBayCommunityCollege)
- Instagram: [MassBayView](https://www.instagram.com/MassBayView)
- Twitter: [@MassBayCommCol](https://twitter.com/MassBayCommCol)

