

STUDENT ENGAGEMENT

Weekly Newsletter

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YOUR First 8 Weeks

To help you stay focused and get connected, we've put together a guide to help you focus on what is important throughout the first half of the semester to set you up for success now and into the future. See below to find a guide to your FIFTH week!

Week 5: My Success

What Does Success Mean to You?

This week we are focused on helping you achieve your goals both here at MassBay and into the future. Being a "successful" student means you are staying on top of your readings and assignments, actively participating in class, studying for exams, and learning as much as you can while in school. However, it also means you are asking questions, admitting when you do not know the answer, taking chances, utilizing campus resources and planning for the future.



THIS WEEK YOU SHOULD FOCUS ON:

Academic Success

- **Challenge Yourself in Classes**
 - Answer a question even when you are not confident in your answer.
 - Ask questions in class.
- **Reach out to your professor if you are struggling in a class**
- **Look into Academic Resources**
 - Utilize peer and professional tutoring services in the AAC.
 - Taking a math class? Check out the Math Center, Wellesley Room 135, for the help in your courses.
 - Look into the Strong Foundations Series that is being presented by the AAC and Coaching Commons -- each workshop focuses on a different topic of student success!

Planning for the Future:

- **If you are interested in transferring to a 4-year institution in the future, start planning now!**
 - Attend the Transfer Fair on Wednesday, Oct. 2nd 10:00-12:00pm. You can meet with representatives from possible transfer institutions to learn about requirements and procedures.
- **Academic Planning**
 - All students, but particularly all new and first-year students, should be meeting with your Advisor to discuss your academic goals and create your academic plan for MassBay. Reach out to your advisor about setting up a meeting before registration opens!
- **Connect to Career Services**
 - Career Services can offer a wide variety of services, from career exploration and résumé writing, to interviewing skills, internships, and much more!
 - This week, check out their Humanities and Social Sciences Academy Career Week Events:
 - Career Exploration Workshop Tuesday, Oct. 1st 11:00am-12:00pm, Wellesley Atrium.
 - Build Your Brand: Resume/LinkedIn Drop-In Hours 12:00pm to 2:00pm, Wellesley Career Services Center, Room 132.

Personal Success

- **Manage your time**
 - Find a scheduling technique that works for you! Whether it's a planner, calendar, or app, find a system that maintains all of your academic, work, and social commitments in one place so you aren't missing anything or double-booking yourself.
- **Be Accountable**
 - If you make a commitment, follow through and be responsible for it.
 - Whether it's a group project, an appointment with a faculty or staff member, or a date, people will remember if you are someone who can be counted on and trusted.
- **Take care of yourself**
 - Make sure you are balancing your work/school and personal responsibilities.
 - Make time to see friends and family and take breaks.
- **Get involved in a club or organization! Go to the Clubs and Organizations page to learn more about how to get involved.**